

Newsletter

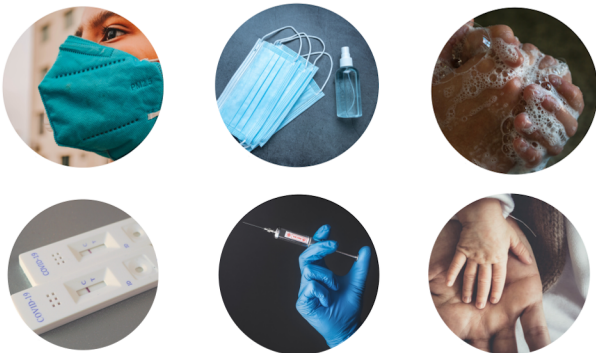
COVID-19 PANDEMIC NIGERIA

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The Corona Virus disease 2019 (COVID-19), is a disease caused by SARS-CoV-2 an *infectious respiratory virus*. It was first reported in Wuhan China in 2019, and has since then spread to over 213 countries, with up to 5,934,936 cases globally as of 31st of May 2021

The virus generally spreads between persons during close physical contacts, most often through small respiratory droplets produced by sneezing, coughing, and when talking. It can also spread by touching contaminated surfaces subsequent inadvertent touching of the face, nose, and eyes with unwashed hands.

- After the first case of Covid-19 was diagnosed in Nigeria on 27th of February 2020, there have been several lock-downs and policies to curb the spread.
- Prior to the COVID vaccinations more than two-thirds of the world population have experienced lockdown measures, lasting from weeks to months.
- This has affected the physical, social, economic, reproductive and mental health of most people across boards.
- In recent times vaccinations kicked in and about **2.1 billion people** round the world have been fully vaccinated for **COVID 19 as of 6th of July 2022** of that population just about **21million are fully vaccinated in Nigeria**.
- Regardless of vaccination status the disease still can affect anyone however, it is less aggressive on those who are fully vaccinated and the vaccines offer a protection against COVID for at least 6 months.



The **NCDC** has warned that this July they have recorded a **rise** in the number of **infected people** in some states in Nigeria. Therefore, precautions need to be taken to avoid **another wave of the virus**.

1. Remember to wear your face mask when in public places or when in company of people.
2. Wash your hands with soap and water frequently or and regularly use the hand sanitizer.
3. Get fully vaccinated.
4. Avoid crowds if you feel sick or have any COVID symptoms